

Selena Carbajal
Curriculum Vitae

Human Development and Family Science
Norton School of Human Ecology
University of Arizona
scarbajal@arizona.edu

Education

- PhD, Family and Consumer Sciences** 2018 –
Human Development and Family Science Emphasis
Mexican American Studies Minor
Dissertation: *Synthesizing Biculturalism Research: Bicultural Identity Integration and Bicultural Competence in Latinx Samples*
Major Advisor: Katharine H. Zeiders, PhD
Minor Advisor: Maurice R. Magaña, PhD
University of Arizona
- MS, Family and Consumer Sciences** 2018 – 20
Family Studies and Human Development Emphasis
Thesis: *Demographic and Psychosocial Correlates of Bicultural Competence Among Latinx Early Adolescents*
Advisor: Katharine H. Zeiders, PhD
University of Arizona
- BA, Psychology (Departmental Honors)** 2013 – 18
Women's Studies Double Major
Chicano/Latino Studies Minor
Summa Cum Laude
Thesis: *Filial Responsibility, Bicultural Self-Efficacy, and Depressive Symptoms among Latina College Students*
Advisor: Rosa I. Toro, PhD
California State University, Fresno

Teaching Experience

Instructor

FCSC 301: Applying Critical Thinking to Discourse in Family and Consumer Science Organizations (In Person) Spring 2022
Family and Consumer Sciences
University of Arizona

Lead Co-Instructor

FCSC 301: Applying Critical Thinking to Discourse in Family and Consumer Science Organizations (Asynchronous Online) Summer 2022

Family and Consumer Sciences
University of Arizona

FSHD 323: Infancy and Child Development (Asynchronous Online)
Family Studies and Human Development
University of Arizona
Summer
2022

FSHD 117: Lifespan Human Development (Asynchronous Online)
Family Studies and Human Development
University of Arizona
Summer
2022

Co-Instructor

HDFS 323: Infancy and Child Development (Asynchronous Online)
Human Development and Family Science
University of Arizona
Summer
2023

FSHD 117: Lifespan Human Development (Asynchronous Online)
Family Studies and Human Development
University of Arizona
Summer
2021

Teaching Assistantships

HDFS 617C: Multilevel Modeling (In Person)
Human Development and Family Science
University of Arizona
Graduate Teaching Assistant for Dr. Norma Perez-Brena
Fall 2023

RCSC 498: Senior Capstone (In Person)
Retailing and Consumer Science
University of Arizona
Graduate Teaching Assistant for Kathleen Kennedy
Spring 2023

FSHD 427C: Mental Health and the Family: Childhood and Adolescence (Hybrid)
Family Studies and Human Development
University of Arizona
Graduate Teaching Assistant for Dr. Darin Knapp
Fall 2022

FSHD 237: Love, Intimacy, and Relationships (In Person)
Family Studies and Human Development
University of Arizona
Graduate Teaching Assistant for Dr. Adam Clark
Fall 2021

FSHD 413: Issues of Aging (Live Online)
Family Studies and Human Development
University of Arizona
Graduate Teaching Assistant for Dr. Timothy Ottusch
Spring 2021/
Fall 2020

RCSC 415: Retail Store Design, Planning, and Display (Asynchronous Online)
Retailing and Consumer Science
University of Arizona
Fall 2020

Graduate Teaching Assistant for Dr. Yumin Kim

FSHD 447A: Sociocultural Context of Development (In Person)

Family Studies and Human Development

University of Arizona

Graduate Teaching Assistant for Drs. Linda Pallock and Katharine H. Zeiders

Spring 2019/
Fall 2018

Guest Lectures

PSYCH 6300: Developmental Psychology: Foundations

PhD-level course, Department of Psychology

Fordham University

Cultural Adaptation and Immigration

Fall 2022/
Fall 2021

PSYCH 200T: Immigrant Children and Families

MA-level course, Department of Psychology

California State University, Fresno

Biculturalism and Psychosocial Adjustment

Spring 2021

FSHD 447A: Sociocultural Context of Development

Upper-level undergraduate course, Family Studies and Human Development

University of Arizona

Acculturation and Family Dynamics

Spring 2019

Relevant Training and Experience

HDFS 617C: Multilevel Modeling

Human Development and Family Science

University of Arizona

Co-developed a graduate-level statistics class on multilevel modeling in R, SAS, and SPSS.

Summer
2023

FSHD 696Z: Teaching in Family Studies and Human Development

Family Studies and Human Development

University of Arizona

A 1-unit course on postsecondary teaching across course modalities.

Spring 2022

Graduate Teaching Associate (GTA) Online Course Design Boot Camp

Office of Digital Learning

University of Arizona

A five-week workshop on online course design.

Summer
2021

Publications

Peer-Reviewed Journal Articles

McDermott, E. R., Zeiders, K. H., Landor, A. M., & Carbajal, S. (2022). Coping with ethnic-racial discrimination: Short-term longitudinal relations between discrimination and coping strategies among Black and Latinx college students. *Journal of Research on Adolescence*, 32(4), 1530–1545.

<http://doi.org/10.1111/jora.12728>

Carbajal, S., Zeiders, K. H., & Landor, A. M. (2022). Unpacking the benefits of bicultural competence: Latina/x/o college students' academic and psychosocial adjustment. *Emerging Adulthood, 10*(4), 910–922. <https://doi.org/10.1177/21676968211034309>

Zeiders, K. H., Umaña-Taylor, A. J., **Carbajal, S.**, & Pech, A. (2021). Police discrimination among Black, Latina/x/o, and White adolescents: Examining frequency and relations to academic functioning. *Journal of Adolescence, 90*, 91–99. <https://doi.org/10.1016/j.adolescence.2021.06.001>

Carbajal, S., & Toro, R. I. (2021). Filial responsibility, bicultural competence, and socioemotional well-being among Latina college students. *Cultural Diversity and Ethnic Minority Psychology, 27*(4), 758–768. <https://doi.org/10.1037/cdp0000467>

Manuscript Under Review

Carbajal, S., Delgado, M. Y., Nair, R. L., & Zeiders, K. H. (under review). Bicultural competence and academic and psychosocial functioning among Latinx early adolescents: Examining the moderating role of gender.

Presentations

Refereed Conference Presentations

Carbajal, S. (2023, June). Minoritized emerging adults' identity and outcomes across race-ethnicity, sexual orientation, and social class. Discussant for paper symposium at the Society for the Study of Emerging Adulthood 11th Conference on Emerging Adulthood. San Diego, CA.

Pathak, A., Sarsar, E. D., **Carbajal, S.**, Hoyt, L. T., Zeiders, K. H., Wilkinson-Lee, A. M., & Landor, A. M. (2023, April). Sociocultural correlates of sleep health among Latinx youth. Society for Research on Adolescence Annual Meeting, San Diego, CA.

Carbajal, S., Zeiders, K. H., Wilkinson-Lee, A. M., Hoyt, L. T., & Landor, A. M. (2023, April). Coalescing race, ethnicity, and culture to inform research on US Latinx youth. Society for Research on Adolescence Annual Meeting, San Diego, CA.

Carbajal, S. & Toro, R. I. (2022, May). Perpetual foreigner stereotype and Latinx young adults' well-being: Impact of interpersonal relationships and bicultural self-efficacy. Society for Research in Child Development Special Topics, Rio Grande, Puerto Rico.

Carbajal, S., Zeiders, K. H., & Kim, S. Y. (2022, May). U.S. Mexican-origin mothers' and youths' bicultural difficulties and concurrent depressive and anxiety symptoms. Society for Research in Child Development Special Topics, Rio Grande, Puerto Rico.

Carbajal, S. & Toro, R. I. (2021, November). Ethnic identity, bicultural self-efficacy, and adjustment among Latinx college students. Society for the Study of Emerging Adulthood Virtual 10th Conference on Emerging Adulthood.

Carbajal, S., Zeiders, K. H., & Landor, A. M. (2021, November). Linking ethnic identity and bicultural competence: Implications for well-being among Latinx college students. Society for the Study of Emerging Adulthood Virtual 10th Conference on Emerging Adulthood.

- Carbajal, S.,** Zeiders, K. H., Delgado, M. Y., & Nair, R. (2021, April). Bicultural competence, gender, and psychosocial functioning among Latinx early adolescents. Society for Research in Child Development Virtual Biennial Meeting. **Invited to the 2021 Student and Early Career Council (SECC) Poster Competition.**
- Toro, R. I. & **Carbajal, S.** (2019, October). Filial responsibilities, socioemotional well-being, and bicultural self-efficacy among Latinas. Society for the Study of Emerging Adulthood 9th Conference, Toronto, Canada.
- Carbajal, S.,** Zeiders, K. H., & Landor, A. M. (2019, October). Unpacking bicultural competence: Latinx college students' academic and psychosocial functioning. Society for the Study of Emerging Adulthood 9th Conference, Toronto, Canada.
- Coulter, K. M., Cruze, A. N., Thomas, R., **Carbajal, S.,** Delgado, M. Y., & Zeiders, K. H. (2019, March). Multiple contextual identities of Latino adolescents: examining ethnic and STEM identities. Society for Research in Child Development Biennial Meeting, Baltimore, MD.
- Carbajal, S. & Toro, R.** (2018, April). Filial responsibility and bicultural self-efficacy among Latina college students. Western Psychological Association, Portland, OR.
- Carbajal, S.** (2017, July). Latina first-generation college students: Negotiating the home space. 2017 Mujeres Activas en Letras y Cambio Social Summer Institute, Rohnert Park, CA.

Invited and Community Presentations

Names included in alphabetical order. All presenters contributed equally.

- Aceves, L., Barreto, J., **Carbajal, S.,** Mendoza, S., Moreno, F., & Puente, K. (2021, April). *Navegando*: Grad School Edition. Society for Research on Child Development 2021 Virtual Biennial Meeting.
- Carbajal, S.,** Castorena, D.C., Forbes, N., Idow, E., Levorio, B., Osman, K., Perez, R., Rosario, V., Sarsar, E., Wilkinson-Lee, A., & Zeiders., K. H. (2021, January). The COVID-19 Hijos Project: Community Advisory Board Meeting. Tucson, AZ.
- Arellano, J., Bello Luna, N., **Carbajal, S.,** Ruiz, V., Sanchez, S., & Teneyuque, K., (2018, March). Alliance for Hispanic-Serving Institution Educators (AHSIE) Seed to Tree Student Scholars. 10th Annual Title VII/HSI Best Practices Conference, Chicago, IL.

Non-Refereed Presentations

- Carbajal, S.,** Zeiders, K. H., Wilkinson-Lee, A. M., Hoyt, L T., & Landor, A. M. (2023, April). Coalescing race, ethnicity, and culture to inform research on US Latinx youth. Francis McClelland Institute Student Poster Showcase, Tucson, AZ.
- Carbajal, S.,** Zeiders, K. H., & Kim, S. Y. (2022, April). U.S. Mexican-origin mothers' and youths' bicultural difficulties and concurrent depressive and anxiety symptoms. Francis McClelland Institute Student Poster Showcase, Tucson, AZ.
- Castorena, D. C., Sarsar, E., **Carbajal, S.,** Zeiders, K. H., & Landor, A. M. (2020, May) The role of friendship quality and romantic relationship satisfaction on mental health and academic aspirations. Francis McClelland Institute Student Poster Showcase, Tucson, AZ.

- Kubela, A., Sarsar, E., **Carbajal, S.**, Zeiders, K. H., & Landor, A. M. (2020, May). Traumatic life events and quality of romantic relationships. Francis McClelland Institute Student Poster Showcase, Tucson, AZ.
- Molina, K. A., Sarsar, E., **Carbajal, S.**, Zeiders, K. H., & Landor, A. M. (2020, May). Traditional gender role attitudes and mental health among Latinx and African American young adults. Francis McClelland Institute Student Poster Showcase, Tucson, AZ.
- Carbajal, S.**, Zeiders, K. H., & Landor, A. M. (2020, January). Unpacking biculturalism among Latinx college students: Short-term longitudinal relations between biculturalism and mental health. 28th Annual Student Showcase, Tucson, AZ.
- Carbajal, S.**, Zeiders, K. H., & Landor, A. M. (2019, April). Unpacking biculturalism among Latinx college students: Short-term longitudinal relations between biculturalism and mental health. Frances McClelland Institute Student Poster Showcase, Tucson, AZ.

Honors and Awards

Regional and National

Chancellor's Doctoral Incentive Program (CDIP) Spring 2023 Travel Grant (\$1,500)	2022
Hispanic Association of Colleges and Universities (HACU); Lánzate!/Take Off! Higher Education Travel Award Program	2022
Honorable Mention, Ford Foundation Predoctoral Fellowship	2020
Chancellor's Doctoral Incentive Program (CDIP) Spring 2020 Travel Grant (\$1,500)	2019
Chancellor's Doctoral Incentive Program (CDIP) Fellow	2019
Society for Research on Adolescence (SRA) Undergraduate Scholars Program	2018
Alliance of Hispanic-Serving Institution Educators (AHSIE) Seed to Tree Student Scholar (\$2,000)	2018
Sally Casanova Pre-Doctoral & Summer Research Scholar (\$3,000; \$7,670)	2017 – 18

University of Arizona

Frances McClelland Institute (FMI) Lang Dissertation Fellowship (\$11,000)	2023 – 24
Harry W. and Elsie M. Porterfield Scholarship (\$1,250)	2023 – 24
Naomi Reich Commemorative Graduate Fellowship (\$916)	2022 – 23
Ruth Reed Cowden Scholarship (\$10,084)	2022 – 23
Graduate and Professional Student Council (GPSC) Travel Grant (\$1,160.75)	2022
Bartley P. Cardon Scholarship (\$1,072)	2021 – 22
College of Agriculture and Life Sciences (CALS) Impact Leader Fellow	2021
Vivian Bancroft Swift Memorial Scholarship (\$13,918)	2020 – 21
Amy Jean Knorr Scholarship (\$2,050)	2020 – 21
Vivian Bancroft Swift Memorial Scholarship (\$2,994)	2019 – 20
Graduate and Professional Student Council (GPSC) Travel Grant (\$750/\$1,000)	2019
Frances McClelland Institute (FMI) Travel Grant (\$300)	2019
Graduate Access Fellowship (\$8,000)	2018 – 19
Naomi Reich Commemorative Graduate Scholarship (\$219)	2018 – 19
Ruth Cowden Scholarship (\$7,654)	2018 – 19

California State University, Fresno

Undergraduate Research Grant (\$925)	2018
President's Medalist Nominee, College of Social Sciences	2017 – 18
Dean's Medalist, College of Social Sciences	2017 – 18
Dean's Medalist Nominee, College of Science and Mathematics	2017 – 18
Outstanding Student	2017 – 18
– Women's Studies Program	
– Department of Chicano and Latin American Studies	
Department of Psychology	2017 – 18
– Psychology Honors Scholar	
– Pickford Memorial Scholarship (\$950)	
– Outstanding Undergraduate Student	
Faculty Sponsored Student Research Award (\$915)	2017
Ronald E. McNair Scholar	2016 – 18
– 2016 & 2017 Summer Research Scholar (\$2,800)	
– 2017 Ronald E. McNair Travel Grant (\$536)	
President's List (9 semesters); Dean's List (1 semester)	2013 – 18

Research Experience

The COVID-19 Hijos Project, NSF RAPID Grant-Funded Project	2020 –
– Katharine H. Zeiders, PhD, University of Arizona [Co-PI]	
– Lindsay Hoyt, PhD, Fordham University [Co-PI]	
– Ada Wilkinson-Lee, PhD, University of Arizona [Co-PI]	
Graduate Research Assistant for Katharine H. Zeiders, PhD	
The Hijos Project, NSF Grant-Funded Project	2019 –
– Katharine H. Zeiders, PhD, University of Arizona [Co-PI]	
– Lindsay Hoyt, PhD, Fordham University [Co-PI]	
– Ada Wilkinson-Lee, PhD, University of Arizona [Co-PI]	
Graduate Research Assistant for Katharine H. Zeiders, PhD	
Sociocultural Contexts of Latinx Youth (SCL) Lab	2019
Family Studies and Human Development, University of Arizona	
Volunteer Research Assistant for Melissa Y. Delgado, PhD	
Stressors, Context, and Health Lab	2018 –
Family Studies and Human Development, University of Arizona	
Graduate Research Assistant for Katharine H. Zeiders, PhD	
Tucson Interpersonal and Education Success (TIES) Study	2018 – 19
Department of Psychology, Arizona State University	
Volunteer Research Assistant for Phuong Thao Ha, PhD [PI]	
Latino Family Dynamics Project, NIH-Funded Project	2016 – 18
Department of Psychology, California State University, Fresno	
Undergraduate Research Assistant for Rosa I. Toro, PhD [PI]	

Select Professional Development and Coursework

FSHD 607: Latinx Youth and Families Melissa Y. Delgado, PhD, University of Arizona	Fall 2022
Latent Class and Profile Analysis Katharine H. Zeiders, PhD, University of Arizona	2022/2021/2019
Summer Fellowship Application Development Program (SFADP) Graduate College Office of Fellowships and Community Engagement, Honors College Office of Nationally Competitive Scholarships University of Arizona	2021
Summer Mentoring Workshop – Latinx Research Michigan Center for Urban African American Aging Research (MCUAAAR), Program for Research on Black Americans (PRBA)	2021
MAS 508: Cultural Perspectives Maurice Magaña, PhD, University of Arizona	Fall 2021
MAS 580A: Advanced Research Methods Maurice Magaña, PhD, University of Arizona	Spring 2021
FSHD 617C: Multilevel Modeling Emily Butler, PhD, University of Arizona	Fall 2020
FSHD 617B: Structural Equation Modelling Russell B. Toomey, PhD, University of Arizona	Spring 2020
Qualitative Coding Kristin M. Anders, PhD, Kansas State University	2018
An Introduction to Latent Class and Latent Profile Analysis Bethany C. Bray, PhD, University of Pennsylvania	2018

Service

Professional Service

Ad Hoc Reviewer	
– <i>Journal of American College Health</i>	2023
– <i>Journal of Social and Personal Relationships</i>	2020
SRCD Latinx Caucus Finance and Fundraising Subcommittee Society for Research in Child Development (SRCD)	2019 – 21

Departmental and University Service

Panelist, Graduate Student Panel FSHD 696Z: Orientation for FSHD Graduate Students	2022
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Family Studies and Human Development University of Arizona	
Faculty Representative, Family Studies Student Round Table (FSSRT) Family Studies and Human Development University of Arizona	2022 – 23
Panelist, Graduate School and the 1st Gen Experience College of Agriculture and Life Science (CALS) First Cats University of Arizona	2021
President, Family Studies Student Round Table (FSSRT) Family Studies and Human Development University of Arizona	2021 – 22
Recruitment Coordinator, Family Studies Student Round Table (FSSRT) Family Studies and Human Development University of Arizona	2020 – 21
Grant Reviewer, Graduate and Professional Student Council (GPSC) University of Arizona	2019 –
<ul style="list-style-type: none"> – Professional Opportunities Development (POD) Grant – Research and Project (ReaP) Grant – Travel Grant 	
Guest Speaker, Psychology Honors Seminar Department of Psychology California State University, Fresno	2019
Literature Search Workshop Sociocultural Contexts of Latinx Youth (SCL) Lab Family Studies and Human Development University of Arizona	2019
Member, Family Studies Student Round Table (FSSRT) Family Studies and Human Development University of Arizona	2018 –

Professional Memberships

Society for Research in Child Development (SRCD)	2019 –
<ul style="list-style-type: none"> – Society for Research in Child Development (SRCD) Latinx Caucus 	
Society for Research on Adolescence (SRA)	2017 –
Society for the Study of Emerging Adulthood (SSEA)	2017 –
Western Psychological Association (WPA)	2017 – 18
Mujeres Activas en Letras y Cambio Social (MALCS)	2017 – 18

Relevant Skills

Language: Spanish (fluent in speaking, reading, and writing; proficient in English-Spanish translation)
Software: Qualtrics XM; SPSS Statistics 28; R/RStudio; Mplus 8.2